



Minister's Medal Honouring Excellence in Health Quality and Safety

Team-Based Initiative

Community Counselling Alliance

The Community Counselling Alliance (CCA) is a collaboration between the Canadian Mental Health Association, Windsor-Essex County Branch (CMHA-WECEB) and Family Services Windsor-Essex made possible through United Way/Centraide Windsor-Essex funding. The program, which began in July 2010, provides individual, couple, family and group therapy. The counselling services are provided by Master's level Social Work clinicians who utilize best-practice, evidence-based approaches to help clients achieve their desired goals.

A vast range of therapeutic issues are addressed including: stress management, anxiety, depression, parenting issues, self-esteem, family of origin issues, grief and loss, cultural adjustment for new immigrants, anger resolution, older adult life transition, couple/marital therapy, etc.

The CCA programs and services work to build on existing individual and family assets in order to further strengthen the resilience of individuals, seniors, and families.

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The information provided above is taken directly from 2014 Minister's Medal applications – Facts and information herein have not been checked for accuracy.