



# Minister's Medal Honouring Excellence in Health Quality and Safety

*Individual Champion:*  
**Dr. Nathalie Fleming**

The Ottawa Hospital's outreach clinic for pregnant teens and adolescent mothers brings medical care and ongoing follow-up to the patients who need it most. This one-of-a-kind **multidisciplinary Canadian program** is based, not at a hospital, but at an inner-city refuge where adolescent mothers and mothers-to-be gather. The hospital's medical team works alongside partner agencies that provide **parenting classes, a satellite high school, and a shelter for pregnant teens** who need a safe place to stay. The clinic facilitates timely and more ready access **to medical care during the crucial first months of pregnancy.**

Dr. Fleming envisioned, initiated, planned, piloted and developed the Adolescent Obstetrics Outreach Program in partnership with The Ottawa Hospital and St. Mary's Home since 2004. She demonstrated leadership by recruiting other health care professionals and partners to provide additional services for these adolescents. She is the principal investigator of the study evaluating the Program outcomes and first author of the peer-reviewed publication *Improved Obstetrical Outcomes for Adolescents in a Community-Based Outreach Program: A Matched Cohort Study*. As a medical expert on adolescent pregnancy, she has made national and international presentations on this important topic, including presentations to Champlain LHIN, and Public Health Agency of Canada in order to advocate in replicating this model of care provincially and nationally. She is co-chair and lead author of the *Adolescent Pregnancy Clinical Guidelines*, advocating for multidisciplinary care for this group of young women in Canada.

## **Contact Info:**

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