



Minister's Medal Honouring Excellence in Health Quality and Safety

Team-based Honour Roll

The Post Stroke Transitional Care Program (PSTCP)

PSTCP supports recovery of stroke patients and families in the North East LHIN region by eliminating barriers, educating patients and families, and facilitating connections to services such as transportation, in-home nursing, personal care, adaptive equipment, home modifications, community engagement, and physical, occupational, and mental health therapies. The program also directly offers rehabilitative services such as individual and group exercise, support groups, assessment, cognitive remediation, and life-skills retraining. In its first year of operation PSTCP provided services to 185 clients across more than 1500 visits. In 2014, PSTCP services were expanded to Sault Ste. Marie, North Bay, Parry Sound, Timmins, and Temiskaming.

Services align with the North East LHIN Integrated Health Service Plan Priority of 'Enhancing Care Coordination and Transition to Improve the Patient Experience'. The program also implements a number of Stroke Best Practice Guidelines, notably supporting stroke clients through transitions and facilitating community re-integration. The program reports that patients who used PSTCP navigation services made fewer visits to the emergency department, were less likely to be admitted to the hospital, and experienced improvements to their overall sense of well-being.

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*The information provided above is taken directly from 2016 Minister's Medal applications –
Facts and information herein have been updated in 2016 but have not been verified for accuracy.*