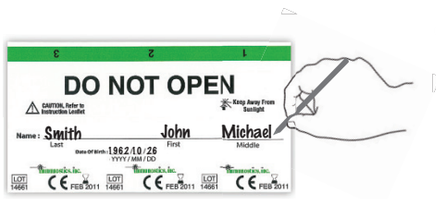

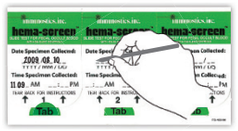

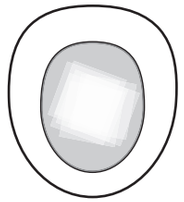

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ᑫᑐᑕᒪᓐ ᒋᓇᓇᑲᒋᒋᑲᑌᒃ ᑭᔥᐱᓐ ᐊᔭᒪᑲᓄᐧᑫᓐ ᐊᑯᓯᐧᐃᓐ ᑲᐅᒋᐧᐁᐱᓂᑫᔭᓐ

ᑭᔥᐱᓐ ᔭᑲᓇ ᑭᑫᓐᒋᑲᑌᒃ, ᑲᐅᒋᐧᐁᐱᓂᑫᓇᓂᐧᐊᒃ ᑫᒪ ᑲᔦ ᑲᐅᓐᒋ ᒥᓐᓯᓇᓂᐧᐊᒃ ᑭᐊᔭᐧᐊᒡ ᐊᑯᓯᐧᐃᓐ ᑕᑭᑲᔥᑭᒋᑲᑌᐸᓐ ᒋᓇᑕᐧᐃᐃᓐᐧᑕ ᔕᓐᑲᓱ ᒪᒪᐤ ᒥᑕᓱ ᐊᐧᐃᔭᒃ ᐅᐅᐧᐁ ᑲᐃᓇᐱᓀᐧᐊᒡ. ᑲᐧᐃᓐ ᒋᓇᐧᑲᒃ ᑲᔦ ᑲᐧᐃᓐ ᑫᑯᓐ ᒋᐃᓇᒪᒋᐅᓇᓂᐧᐊᒃ ᓂᑕᒻ ᑭᐊᓂᐊᑯᓯᓇᓂᐧᐊᒃ, ᐅᐅᐧᐁ ᑕᔥ ᑲᐧᐁᓐᑕᒃ ᓇᓇᑲᒋᐃᑎᓱᐧᐃᓐ ᑲᑭ ᐱᒪᒋᐃᑯᓐ.

ᐁᑯ ᑕᔥ ᐧᐁᐧᐁᓂ ᒋᐊᑭᓐᑕᒪᓐ ᑲᐃᔑᐧᐃᓐᒋᑫᒪᑲᒃ ᐊᓂᓐ ᑫᑐᑕᒪᓐ.

ᒋᐧ ᐸ ᐊᓂᒪᒋᑕᔭᓐ

ᑭᒋᓀᑕᐧᑲᓐ ᐅᐅᐧᐁ: ᐧᐁᐧᐃᑉ ᐱᒪᒋᓂᔕᐊᓐ
ᒪᓯᓇᐃᑲᓀᔅ ᐊᐱ ᓂᓯᓐ ᑲᐃᔑᐸᑫᔦᑭᓯᓐᑭᓐ
ᑭᐃᔥᐧᑲ ᒧᔥᑭᓇᑐᔭᓐ ᑲᐧᐃᓐ ᐊᐧᐊᔑᒣ
ᒥᑕᓱᑯᓐ ᒋᑲᔥᐳᓭᒃ ᐊᐱ ᓂᑕᒻ ᑭᐃᔥᐧᑲ
ᒪᐧᐊᒋᑐᔭᓐ ᑭᐧᐁᐱᓂᑫᐧᐃᓐ.

ᑫᑯᐧᐃᓐ ᐊᐸᒋᑐᑫᓇᓐ ᒪᔥᑭᑭᓐ ᐸᔾᑕᒥᓐ ᓯ ᑲᔦ
ᑕᔥ ᐅᓴᐧᐃᒋᒥᓇᓐ ᑲᔦ ᐅᓴᐧᐃᒋᒥᓇᐳᓐ ᓂᓱᑯᓐ
ᒋᐧᐸ ᐧᐃᐊᓂ ᐅᑕᐱᓇᒪᓐ ᑭᐧᐁᐱᓂᑫᐧᐃᓐ.

ᒥᐧᐃᓂᑯ ᑫᔭᐱ ᐃᔑᐱᒥᐊᐸᒋᑐᓐ ᑲᐃᓇᓐᒋᑫᔭᓐ
ᑲᔦ ᑲᐱᒥᐊᐸᒋᑐᔭᓐ ᑭᒪᔥᑭᑭᒪᓐ.

ᑫᑐᑕᒪᓐ ᒋᒧᔥᑭᓀᐱᐊᒪᓐ ᒪᓯᓇᐃᑲᓀᔅ

• ᐊᐸᒋᑐᓐ ᑲᑲᓯᐱᐃᑫᓯᓭᒃ
ᐅᔑᐱᐃᑲᓇᒃ, ᐅᔑᐱᐊᓐ
ᑭᐧᐃᓐᓱᐧᐃᓐ ᑲᔦ ᐊᐱ
ᑲᑭᓂᑕᐧᐃᑭᔭᓐ ᐃᐃᒪ
ᒪᓯᓇᐃᑲᓀᓯᒃ, ᑲᐃᔑᐱᐃᑲᑌᒃ
ᑭᑕᑯᓯᐧᐃ ᒪᓯᓇᐃᑲᓂᒃ.

• ᓂᓱᑯᓐ ᑲᐱᒥᐅᑕᐱᓇᓐ ᑭᐧᐁᐱᓂᑫᐧᐃᓐ ᒥᓂᑯᒃ ᐃᐃᐧᐁ ᒪᒪᐤ ᒥᑕᓱᑯᓐ.

• ᐯᔑᒃ ᒪᓯᓇᐃᑲᓀᓯᒃ ᓂᓯᓐ ᐊᔭᐧᐊᓐ ᐁᓇᐧᐯᑭᓂᑲᑌᑭᓐ – ᐯᔑᒃ ᑕᔥ ᒋᐊᐸᒋᑐᔭᓐ ᐯᔑᐧᑲ ᑲᑭᔑᑲᒃ ᑲᐅᑕᐱᓇᒪᓐ ᑭᐧᐁᐱᓂᑫᐧᐃᓐ. ᐸᓂᒪ ᐁᑕ ᐧᐃᐊᐸᒋᑐᔭᓐ ᒋᐸᑭᓇᒪᓐ.

• ᐃᐃᒪ ᐯᐯᔑᒃ ᑲᐃᔑᓇᐧᐯᑭᓂᑲᑌᒃ ᓂᔑᓄᓐ ᐁᐊᑲᓯᔭᑭᓐ ᑫᐃᔑ ᔑᔓᓇᒪᓐ ᑭᐧᐁᐱᓂᑫᐧᐃᓇᓐ

ᐁᐅᑕᐱᓇᒪᓐ ᑭᐧᐁᐱᓂᑫᐧᐃᓐ

1. ᐅᔑᐱᐊᓐ ᐊᐱ (ᐊᑭ, ᑭᓯᔅ, ᐁᓇᑭᔅᓱᒡ)
ᑲᔦ ᐁᑕᓱᑎᐸᐃᑲᓀᔭᒃ ᓂᑕᒻ ᑲᑭᐅᑕᐱᓇᒪᓐ
ᑭᐧᐁᐱᓂᑫᐧᐃᓐ ᐃᒪ ᑲᐧᐃᐊᑐᔭᓐ 1
ᑲᐃᔑᓇᐧᐯᑭᓂᑲᑌᒃ. ᐸᑭᑭᓇᓐ ᑲᑭᐱᑭᓯᒃ
ᑲᐧᐃᐊᑐᔭᓐ ᑭᒧ.

2. ᐊᐸᓐ ᑕᔥ ᐃᔑᐃᔅᑭᐱᐧᐁᐸᐊᓐ
ᒥᓯᐧᐃᓇᑲᓐ. ᑫᑯᐧᐃᓐ ᐊᐸᒋᑐᑫᓐ
ᑭᓯᓂᑲᓇᐳ ᑲᐅᔕᐧᐊᔥᐧᑲᑲᒥᒋᑫᒪᑲᒃ.

3. ᐊᐱ ᐧᐃᐅᑕᐱᓇᒪᓐ ᑭᐧᐁᐱᓂᑫᐧᐃᓐ,
ᐊᐸᒋᑐᓐ ᑲᐧᐁᐱᓂᑲᑌᒃ ᐊᓯᐧᐊᒋᑲᓐ
ᑫᒪ ᐊᔭᑭᑕᐧᐁᑭᓯᑐᓐ ᑭᓯᓐᑎᒣᐅᓂᑭᓐ
ᐱᓐᒋᒥᓯᐧᐃᓇᑲᓂᒃ ᒋᐃᔑᐧᐊᑭᑕᑌᒃ ᑭᒧ.

4. ᐊᐸᒋᑐᓐ ᒥᑎᒃ ᒋᐅᑕᐸᐧᑲᐃᑲᑫᔭᓐ ᐸᓐᑭ
ᒋᐅᒋᐅᑕᐱᓇᒪᓐ ᑭᒧ. ᔑᔓᐊᓐ ᐃᐃᒪ
ᓂᑕᒻ ᑲᐃᔑᐊᒋᑲᑌᒃ I. ᒥᓇᐧᐊ ᓇᐱᐊᐸᒋᑐᓐ
ᒥᑎᒃ ᓂᐧᔕ ᐊᓂᐅᑕᐱᓇᒪᓐ ᐸᑲᓐ ᐃᓀᑫ
ᒋᐅᒋ ᐅᑕᐱᓇᓐ ᐃᐃᐧᐁ ᐯᔑᐧᑲᓐ ᑭᒧ ᐃᐃᒪ
ᒋᔑᔓᐊᒪᓐ II. ᑭᐸᐊᓐ ᑕᔥ ᒋᓇᐧᐯᑭᓇᒪᓐ.

5. ᒥᑎᒃ ᑲᑭᐊᐸᒋᑐᔭᓐ ᑎᑎᐯᑭᓇᓐ
ᑭᓯᓐᑎᒣᐅᓂᑭᓄᒃ ᒋᐧᐁᐱᓇᒪᓐ. ᐃᔅᑭᐱᐧᐁᐸᐊᓐ
ᒥᓯᐧᐁᓇᑲᓐ. ᐊᔕ ᑭᑭ ᑭᔑᑐᓐ ᓂᑕᒻ
ᑲᐅᑕᐱᓂᑲᑌᒃ ᑫᓇᓇᑲᒋᒋᑲᑌᒃ.

6. ᐱᓇᐊᓐ ᒪᓯᓇᐃᑲᓐ ᑲᐱᐧᐊᐱᐧᑫᑲᒃ ᐱᓐᒋᒪᓯᓇᐃᑲᓇᓂᒃ ᒋᐃᔑᐊᑐᔭᓐ ᑲᐃᔑᑭᔑᑌᓯᓄᒃ ᐸᓂᒪ ᒥᓇᐧᐊ ᐧᐃᒥᓐᓯᔭᓐ. ᑫᑯᐧᐃᓐ ᒪᔑ
ᓀᐱᒋᑭᐸᐊᑫᓐ ᐱᓐᒋᒪᓯᓇᐃᑲᓇᓐ ᐸᓂᒪ ᐊᐱ ᑭᐃᔥᐧᑲ ᑭᔑᑐᔭᓐ
ᓂᓱᑭᔑᑲ.

7. ᒥᓇᐧᐊ ᓇᓴᑉ ᑐᑕᓐ 1 ᐱᓂᔥ 6 ᐱᒥᓂᔕᐃᑲᓇᓐ ᑲᑐᒋᑲᑌᒃ ᑲᐅᑕᐱᓂᑲᑌᒃ ᐧᐁᐱᓂᑫᐧᐃᓐ ᑲᔦ ᑲᐊᒋᑲᑌᒃ ᒥᓇᐧᐊ ᓂᔓᑭᔑᑲ ᐃᐃᒪ 2 ᑲᔦ 3 ᑲᐃᔑᓇᐧᐯᑭᓂᑲᑌᒃ ᒪᓯᓇᐃᑲᓂᒃ.

ᑭᐃᔥᐧᑲᐅᑕᐱᓇᒪᓐ ᑲᐧᐃᓇᓇᑲᒋᒋᑲᑌᒃ

ᓇᓇᑲᒋᒋᑫᐧᐃ ᒪᓯᓇᐃᑲᓀᔅ ᐁᑕ ᐱᓇᐊᓐ ᑲᐱᐧᐊᐱᐧᑫᑲᒃ
ᐱᓐᒋᒪᓯᓇᐃᑲᓇᓂᒃ ᐊᐸᓐ ᑕᔥ ᑭᐸᐊᓐ.

ᒥᓇᐧᐊ ᑕᔥ ᒋᐱᓇᐊᒪᓐ ᑲᐱᐧᐊᐱᐧᑫᑲᒃ ᐱᓐᒋᒪᓯᓇᐃᑲᓇᓐ ᑲᔦ
ᑲᑭᒧᔥᑭᓀᐱᐃᑲᑌᒃ ᒪᓯᓇᐃᑲᓐ ᒋᓇᓇᑲᒋᐃᑯᔭᓐ ᑲᑭᒥᓂᑭᐸᓐ
ᒪᔥᑭᑭᐧᐃ ᐊᓄᑭᐊᑲᓐ.

ᒪᒋᓂᔕᐊᓐ ᑫᒪ ᓐᑕᐧᐃᐸᑭᒋᐧᐁᐱᓇᓐ ᑲᑕᓇᓄᑲᑌᑭᓐ
ᓇᓇᑲᒋᒋᑫᐧᐃᓇᓐ.

ᑲᒧᔥᑭᓀᐱᐃᑲᑌᒃ
ᒋᓇᓇᑲᒋᐃᑯᔭᓐ ᓇᓇᑲᒋᒋᑫᐧᐃ ᒪᓯᓇᐃᑲᓀᔅ

ᑲᐱᐧᐊᐱᐧᑫᑲᒃ
ᐱᓐᒋᒪᓯᓇᐃᑲᓇᓐ

ᑭᓇᑕᐧᐁᓐᑕᓐ ᐃᓇ ᒋᐧᐃᒋᐃᑯᔭᓐ. ᑫᒪ ᑫᑯᓐ ᐁᐧᐃᑲᐧᑫᐧᑌᔭᓐ,
ᐃᓇᐱᓐ ᐅᐅᒪ:

ontario.ca/coloncancercheck
ᑫᒪ ᐃᔑᑭᑭᑐᓐ ᐅᐅᒪ 1-866-410-5853 (TTY 1-800-387-5559)

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