To: Physicians

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Re: Special Diet Allowance Program

The Special Diet Allowance (SDA) program, administered by the Ministry of Community and Social Services (MCSS), helps eligible clients with the extra costs of a special diet required for certain medical conditions. The specific medical conditions are published by MCSS at:


SDA Eligibility Requirements

The attached MCSS Information Bulletin was recently issued to clarify the SDA eligibility requirements for the following medical conditions:

• Diabetes
• Hypertension
• Osteoporosis

The information has been provided to help ensure that the SDA for the above conditions is prescribed consistently across Ontario.

SDA Application Form Completion Fee

MCSS currently provides a payment of $20 (for the completion of an SDA application form) which can be claimed via a "K055" fee code billing to the Ontario Health Insurance Plan (OHIP). Please note this is not an insured service under OHIP and OHIP is simply acting as a paying agent on behalf of MCSS.

Additional information for health care professionals is provided by MCSS at: