

# LOW BACK PAIN STRATEGY

# Opioid Risk Tool

This tool identifies patients who may be at risk for opioid dependency so that appropriate medication management can be planned.

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_

Provider Name: \_\_\_\_\_

Provider:  FP  NP Date: \_\_\_\_\_

|  | Mark each box that applies | Item score if female | Item score if male |
|--|----------------------------|----------------------|--------------------|
| <b>1. Family History of Substance Abuse:</b>   |                            |                      |                    |
| Alcohol  | <input type="checkbox"/>   | 1                    | 3                  |
| Illegal Drugs  | <input type="checkbox"/>   | 2                    | 3                  |
| Prescription Drugs   | <input type="checkbox"/>   | 4                    | 4                  |
| <b>2. Personal History of Substance Abuse:</b>                                       |                            |                      |                    |
| Alcohol  | <input type="checkbox"/>   | 3                    | 3                  |
| Illegal Drugs  | <input type="checkbox"/>   | 4                    | 4                  |
| Prescription Drugs   | <input type="checkbox"/>   | 5                    | 5                  |
| <b>3. Age (mark box if 16-45)</b>  | <input type="checkbox"/>   | 1                    | 1                  |
| <b>4. History of Preadolescent Sexual Abuse</b>                                      | <input type="checkbox"/>   | 3                    | 0                  |
| <b>5. Psychological Disease</b>  |                            |                      |                    |
| Attention Deficit Disorder, Obsessive-Compulsive Disorder, or Bipolar, Schizophrenia | <input type="checkbox"/>   | 2                    | 2                  |
| Depression   | <input type="checkbox"/>   | 1                    | 1                  |

Reprinted by Permission: Lynn Webster, MD. Webster LR, Webster R. Predicting aberrant behaviors in Opioid-treated patients: preliminary validation of the Opioid risk tool. Pain Med. 2005;6(6):432.

This tool is a supporting tool in the Low Back Pain Toolkit for Primary Care Providers (January 2013). The toolkit has been developed as part of the Government of Ontario's Provincial Low Back Pain Strategy, by Centre for Effective Practice, with the review and advice of the Education Planning Committee and primary care focus groups. This tool and further information on the toolkit are available at [www.effectivepractice.org/lowbackpain](http://www.effectivepractice.org/lowbackpain) and [ontario.ca/lowbackpain](http://ontario.ca/lowbackpain).

**Total** \_\_\_\_\_

**Total Score Risk Category:**  
 Low Risk: 0 to 3,  
 Moderate Risk: 4 to 7,  
 High Risk: 8 and above