

Ontario's Action Plan for Health Care – *Year Two Progress Report*

Making Healthy Change Happen

We are transforming health care to make Ontario the healthiest place in North America to grow up and grow old.

Our goal is to deliver health care that puts patients at the centre of the system, responds to their needs and makes it easier for providers to coordinate care – so that it's there for everyone who needs it.

Demographic and fiscal challenges have required action to improve health care and ensure our precious health care dollars are allocated better.

Ontario's Action Plan for Health Care is helping us achieve these goals.

By supporting healthy living, improving access to family health care and providing care closer to home, we are making our health care system more sustainable – and Ontarians healthier – for generations to come.

January 2014

LET'S MAKE
**HEALTHY
CHANGE**
HAPPEN

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Keeping Ontario Healthy

Smoke-Free Ontario

- Proposed new legislation and regulations to strengthen the Smoke-Free Ontario Act by:
 - increasing penalties for selling cigarettes to kids;
 - banning flavoured tobacco; and
 - broadening restrictions on smoking in public areas including bar and restaurant patios.

Healthy Kids

- Expanded eligibility for free dental care for 70,000 more kids and committed to integrate Ontario's low-income dental programs.
- Released the Healthy Kids Panel report and developed a cross-government strategy for giving our kids a Healthy Start, Healthy Food, and Healthy Active Communities.
- Invested \$2.5 million to help moms breastfeed by providing them with round-the-clock telephone support and expert help from hospitals and community health providers.
- Providing an additional \$3 million through Ontario's Student Nutrition Program to create over 200 new breakfast or morning meal programs for more than 33,000 kids.
- Committed to introduce new legislation requiring large chain restaurants to post calories on menus.
- Launched Healthy Kids Community Challenge.

Screening and Prevention

- Expanded outreach to Ontarians for breast, colorectal and cervical cancer screening. For cervical cancer screening, eligible women will now receive invitations, recall letters and result notifications.
- Acted to protect young people against skin cancer with a new law restricting youth under 18 from using tanning beds and prohibiting the marketing of tanning services to youth.
- Expanded newborn screening to include Severe Combined Immune Deficiency, or "bubble boy" disease.

Mental Health and Addictions

- Funded five new Community Wellness Development Teams and expanded telemedicine access to help people living with mental illness and addictions in First Nations communities.
- Funded the At Home/Chez Soi project to help homeless people with mental illness get the services they need in supportive housing.

Faster Access and a Stronger Link to Family Health Care

Local Integration and Family Health Care at the Centre of the System

- Increased the number of community Health Links to 47 in just over one year, covering half of Ontario. These teams of local health care providers are:
 - Working together to develop individualized care plans for patients with complex health conditions;
 - Sharing information and communicating more effectively about patient care; and
 - Involving patients and families in the planning and coordination of their care.
- Committed \$6 million to support the expansion of community paramedicine initiatives through local municipalities, EMS and other health service providers.
- Supported small and rural hospital transformation projects through an annualized fund.

Faster Access

- Expanded physician house calls for house-bound seniors, benefitting nearly 100,000 Ontarians.
- Made progress towards a family doctor for every senior who wants one. Ninety-one per cent of high needs seniors who registered with Health Care Connect have been referred to a family health care provider.
- Facilitated exploration of faster, electronic exchange of information between primary care providers and specialists.
- Laid the groundwork for patients to "virtually" visit their provider and receive consultations electronically.

Focus on Quality in Family Health Care

- Introduced quality improvement plans in Family Health Teams, Aboriginal Health Access Centres and Community Health Centres.
- Expanded electronic health records to Ontario's Community Health Centres.
- Reduced unnecessary lab and diagnostic testing.

Right Care, Right Time, Right Place

Home Care

- Invested an additional \$260 million to provide home care to 46,000 more seniors, expand community and mental health services and help reduce home care wait times.

Seniors Strategy

- Enhanced access to publicly funded physiotherapy, exercise and fall prevention services for more than 200,000 additional seniors and eligible patients.
- Invested \$8 million to help seniors with complex health conditions recover from illness or injury and live safely at home.
- Working to make it possible for seniors who need help living independently to receive personal support services through select community support agencies.
- Created 250 more short-stay beds in long-term care homes.
- Invested in the training of approximately 47,000 care providers to adapt to the changing needs of the most frail and vulnerable adults in long-term care, particularly those with challenging behaviours.

Health System Funding Reform

- Modernizing health system funding for hospitals and Community Care Access Centres to follow the patient and better reflect local community needs.

Moving Procedures into the Community

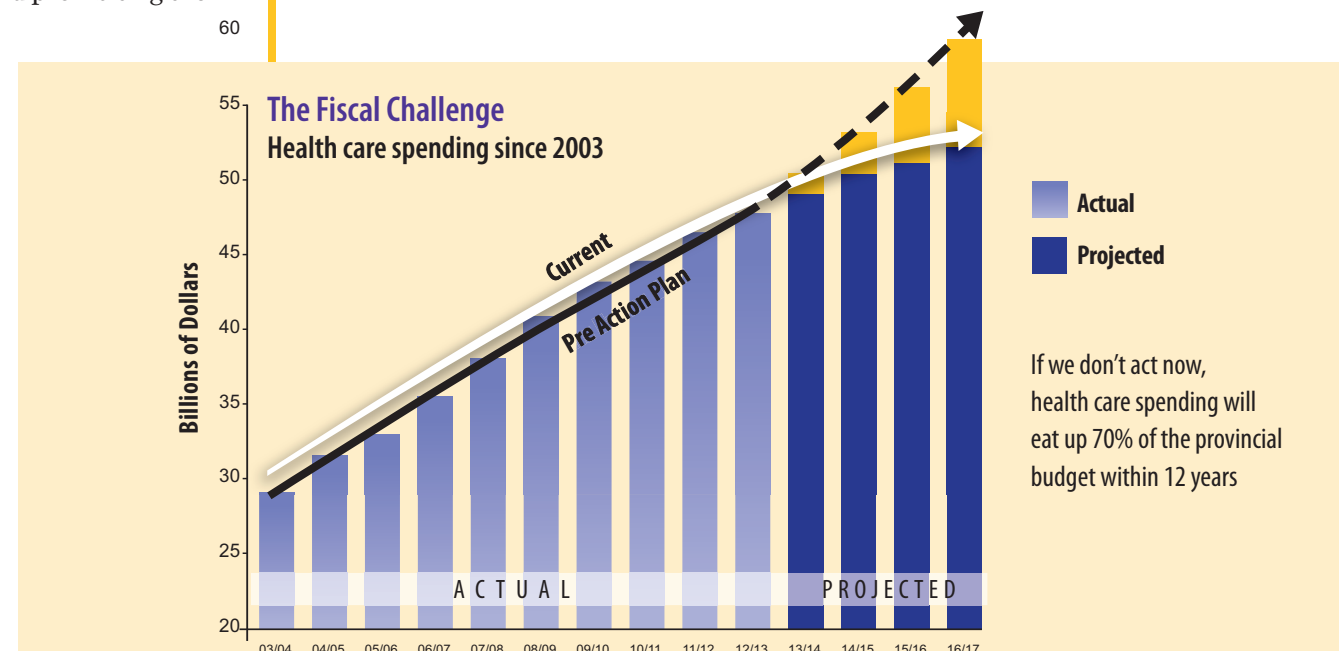
- Moved forward with increasing access to routine OHIP-insured health services in non-profit, community-based specialty clinics, starting with cataract and colonoscopy procedures.
- Launched Birth Centres led by midwives in Ottawa and Toronto, providing expectant mothers and their families more options for healthy deliveries.

Expanded Scope of Practice

- Authorized registered nurses (RNs) or registered practical nurses (RPNs) to dispense drugs in some circumstances, improving the care of their patients.
- Delivered 715,000 flu shots through pharmacists as of mid-January 2014.

High Quality Care

- Implementing a province-wide physician peer review program for diagnostic imaging, including mammograms and CT scans.
- Established the Ontario Health Innovation Council to help bring new health care technologies to market.



Making Healthy Change Happen

– *by the Numbers*

70,000
young Ontarians helped through Healthy Smiles Ontario and Children in Need of Treatment dental programs

8 TO 21
vaccines

In 2003, Ontario had eight publicly-funded vaccines. Today there are 21, saving parents \$2,500 per child.

29
2

ONTARIO HAS THE MOST COMPREHENSIVE NEWBORN SCREENING PROGRAM IN CANADA

FROM ONLY TWO DISEASES 10 YEARS AGO TO SCREENING FOR 29 TODAY.

SMOKING RATE – 2000
24.5%

SMOKING RATE – 2012
19%

0 to 206
COMMUNITIES WITH FAMILY HEALTH TEAMS

HELPING

3,000,000
PATIENTS

0 to 25
NURSE PRACTITIONER-LED CLINICS

HELPING

40,000 PATIENTS

54 to 105
COMMUNITY HEALTH CENTRE SITES

HELPING

500,000 ONTARIANS

100%

of all Ontarians with diabetes who want to have a primary care provider are now attached to one

Pharmacies offering flu shots

0 before 2012

620 in 2012

2,000 in 2013

The Wait Time Alliance gave Ontario straight A's for reducing wait times in



Worst to first in Canada in wait times

- A** ✓ Hip Replacements
- A** ✓ Knee Replacements
- A** ✓ Cataracts
- A** ✓ Radiation Oncology
- A** ✓ Cardiac Care
- A** ✓ Non-Admitted ER

From **770,000** to **9 million**

Ontarians have an electronic health record



75 per cent of Ontario's family physicians are using electronic health records in their practice

SINCE 2003:

4,910 more doctors and **20,500 more** nurses are working in Ontario